

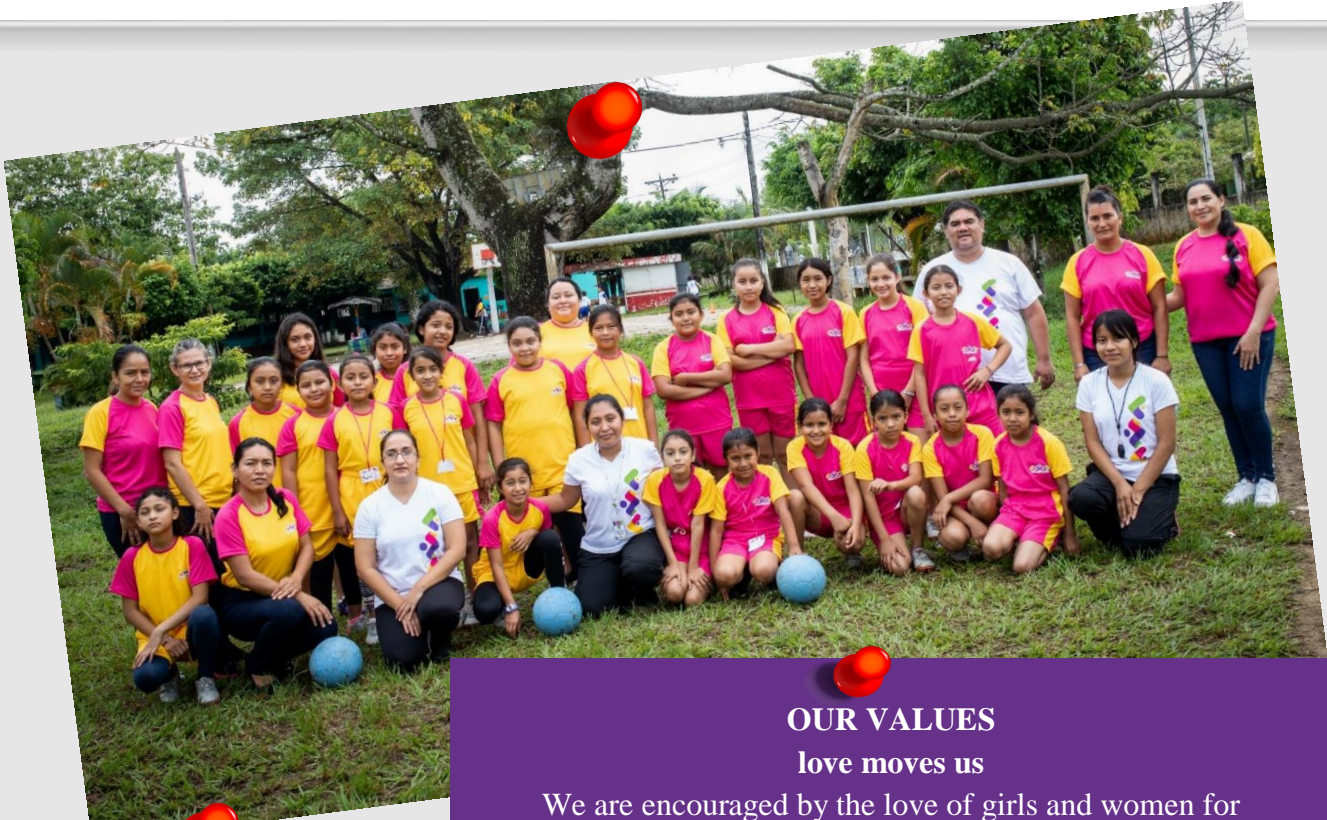


# *Work memory*



**ASOCIACIÓN AMA**





### **Our mission**

Strengthen the leadership of girls, adolescents and young women in Petén, Guatemala, through educational processes and advocacy to prevent early pregnancies and gender violence.

### **Our vision**

Girls, adolescents, and young women from Petén, Guatemala know, demand, and promote their rights and those of others, thanks to their leadership, self-esteem, and confidence.

### **OUR VALUES**

#### **love moves us**

We are encouraged by the love of girls and women for themselves and their communities to awaken and encourage their leadership.

#### **we are all one**

When we work together, in trust, respecting and valuing culture, opinions and diversity, we develop authentic leadership and achieve better results in favor of the rights of girls, adolescents and young women.

#### **we put ourselves in your shoes**

Only by interacting with girls, adolescents and young women are we sensitive to their interests and humanize our work.

#### **we are all protagonists**

Every girl, adolescent and young woman is the protagonist of her future. We create spaces where they can develop their leadership and use it to improve their lives and the lives of others.

#### **we are a hotbed**

We cultivate leadership in girls, adolescents and young women who support other leaders who drive social change in their communities.

#### **we learn by playing**

We use fun and games to teach, motivating girls, adolescents and

## Main achievements



## Empowerment and leadership

The “Play for your education” program was implemented. In which the development of skills for life and leadership is promoted through games and sports in girls and adolescents, in order to prevent abstinence and school dropout.

14 scheduled Interactive Training Sessions were carried out, where 60 girls and adolescents between the ages of 9 and 11 actively participated, who are in grades 3 to 5 in 2 primary schools in the municipality of Poptún, Petén.

For the development of the program, the AMA Association has created an open methodology based on games and sports as a tool for development, which includes thematic sessions on life skills. with a gender, human rights and cultural relevance approach. The thematic part on life skills includes activities on a variety of topics relevant to girls and adolescents, such as assertive communication, knowledge of their bodies, violence prevention, and the importance of staying in school to achieve their life plans. The program is developed in partnership with the Ministry of Education and the Global Fund for Children.



Four Interactive Training Circles were held with the participation of 120 Maya Q'eqchí' and Mestiza adolescent girls and young women from the municipalities of La Libertad, El Chal and Poptún, in the department of Petén.

Their knowledge about their sexual and reproductive rights, violence prevention and the exercise of responsible sexuality were strengthened. This in order for them to empower themselves with their right to decide over their bodies to promote the scope of their life plans and the prevention of early pregnancies and sexual and gender violence.

The circles were developed by AMA collaborators, the coordination of the adolescent component of the South East Petén Health Area and the Secretary Against Violence, Exploitation and Trafficking in Persons (SVET).

This is one of the activities that made up the project: "Strengthening lasting gains for access to comprehensive and differentiated health for adolescent girls and women." Carried out in partnership with the Health Area and the Global Fund for Women.



circles

1 workshop was held with adolescent girls and womenyouths from the Santa Amelia community, El Chal, Petén.

The workshop addressed the issue of menstrual health and hygiene and contraceptive methods, thus strengthening access to comprehensive sexuality education, to which girls have little access, especially in primary schools in rural and marginal urban areas.



1 workshop was developed with primary school teachers from the municipality of San Luis, Petén.

This was one of the series of workshops that primary school teachers receive from the Comprehensive Education in Sexuality diploma taught by the Ministry of Education. AMA was a pioneer in carrying them out, which is why it accompanies and supports this process.



One more season of the bilingual Spanish-Q'eqchi' radio program “El ABC de la Sexualidad” was broadcast on Shekina community radio, also on Facebook Live on the AMA FanPage.

This year there were 30 issues divided into 6 blocks as follows:

Block 1: Back to school

Block 2: Life skills

Block 3: Gender violence

Block 4: Prevention of early pregnancies and forced unions

Block 5: Internet security

Block 6: Sport

Addressing these issues contributed to the prevention of school dropout, access to comprehensive education on sexuality and prevention of sexual and gender violence.

It is estimated that 20% (3,600) of the radio audience tune in to our program. The radio has a coverage of more than 175,000 inhabitants and an audience of 18,000 people.

The reach increased with girls, adolescents and young women connecting to the program through Facebook Live. The coverage index of the broadcasts of the programs registers a reach of more than 3,600 people. The program was carried out in partnership with Shekina radio and Women Win.



6 Interactive Training Camps were carried out with 120 Maya Q'eqchi' and Mestiza Grandmother Midwives and Midwives from the 6 Health Districts of Southern Petén.

These made it possible to strengthen access to comprehensive and differentiated health care for adolescent girls and women from rural communities and marginal urban areas in the South of Petén, where access to sexual and reproductive health services is limited. The Abuelas Comadronas represent the first line of care for adolescent girls and indigenous and mestizo women, especially in remote, rural communities that are difficult to access, where there is little or no presence of State institutions.

This improved sexual and reproductive health care for 1,200 adolescent girls and indigenous and mestizo women. In addition, ancient practices related to clean and safe delivery care were strengthened, as well as the prevention of sexual and gender violence.

Institutions joined the activity: Ombudsman for Indigenous Women (DEMI), Secretary Against Exploitation and Human Trafficking (SVET), and Human Rights Ombudsman (PDH). and the Global Fund for Women.



6 Interactive Training Workshops were developed for 150 Maya Q'eqchi' and Mestizo collaborators from the Health Districts of Southern Petén. Through which the scope of differentiated care standards for adolescents was strengthened, which improved access to comprehensive and differentiated care for 1,500 adolescent girls, the prevention of early pregnancies, sexual violence, and access to clean and sure. This taking into account that in the South of Petén, pregnancies are recorded in girls 9 years of age and older.



Strengthening the capacities of health personnel is part of the indicators of the National Plan for the Prevention of Pregnancies and Adolescents (PLANEA) and the Agreement Letter "Prevent with education". Therefore, this activity makes it possible to strengthen the implementation of said government policies and are key to responding to the high rate of early pregnancies. In addition, which improves access to family planning methods and sexual and reproductive health. Carried out in partnership with the Health Area and the Global Fund for Women.



1 workshop was held for community personnel from the health districts of the Petén Sur Oriente Health Area. This made it possible to strengthen the technical capacities of the collaborators of the health districts for compliance with the regulations on the subject of Sexually Transmitted Infections (STIs) and HIV/AIDS.



65 managers of health posts, microscopists, laboratory workers, educators, nurses, social workers and doctors participated, which empowered them on compliance with guidance guidelines and testing for HIV, syphilis, Hepatitis B, Hepatitis C with emphasis on Assisted notification strategies for contacts and/or partners NAC, PITC, track and trace and location. Carried out in partnership with the Health Area and the Global Fund for Women.





We strengthened the #PonteEnMiLugar campaign of the National Council for the Care of Persons with Disabilities (CONADI).

**Girls, adolescents, the collaborator of the AMA Association and members of the Guerreros de Petén Association participated in the activity.,** who are an organization that promotes the rights and inclusion of people with disabilities through sport.

The purpose of this campaign is to make people aware of the challenges faced by people with disabilities.

At the end of the sporting event, 3 basketballs were delivered to the Guerreros Association **from Peten,** so that they continue training and inviting more people to participate in the campaign.



## Dialogue and advocacy



### **AMA Association is selected and nominated to be a member of the Advisory Council of the Victim Institute**

The AMA Association is one of the 7 NGOs that were selected to integrate the Consultative Council of said institute. This will make it possible to strengthen assistance and care for victims of crime, especially for adolescent girls and young women in Petén. The Advisory Council, an advisory body on victimological policies to the Board of Directors, made up of organizations specialized in issues related to the nature of the Victim Institute, for the presentation of proposals related to assistance and attention to the victim of crime.

### **AMA joins the National Table for Comprehensive Education in Sexuality (MINEIS)**

As a result of the work carried out for access to Comprehensive Sexuality Education (EIS), AMA joins a new space for dialogue and advocacy at the national level, such as the National Table for EIS (MENEIS), where the AMA Association will contribute to strengthen the articulated work in favor of the Sexual and Reproductive Rights of adolescent girls and young women in Guatemala.



### **Reactivation of dialogue and incidence tables for the prevention of pregnancies in adolescent girls.**

Due to the emergency caused by the Covid-19 pandemic, the execution and evaluation of the results of PLANEA was stagnant, therefore, AMA, through advocacy with key actors, managed to reactivate the dialogue tables at the departmental level to resume efforts. due to the decrease in early pregnancies in the department of Petén.

In this regard, 3 meetings of the PLANEA Roundtable and 2 meetings of the “Prevent with Education” Biministerial Roundtable were held. The tables were reactivated In Alliance with the Ministry of Education, the Ministry of Health, a Deputy of the Congress of the Republic and The Global Fund for Children.



The Local Referral Network for Attention to Victims of Crime in Poptún, Petén continued to be strengthened. In which advocacy is carried out to give a sectoral response to the prevention and care of victims of crime, especially violence against girls and adolescents. AMA also encourages the participation of different actors to comply with the National Plan for the Prevention of Adolescent Pregnancies (PLANEA).

In the South of Petén, the Integrated Networks have been formed, in which different established networks converge, such as: Local Referral Network for Attention to Victims of Crime, Network against violence, exploitation and human trafficking, Responsible paternity and maternity network, HIV/AIDS Network, Municipal Commission for the care of people with disabilities, as well as Municipal Offices for the Protection of Children and Adolescents and District Education Coordinations. In alliance with the Global Fund for Children.



AMA Association in alliance with the Human Rights Ombudsman (PDH) of Poptún presented the study “Silenced Lives”. An investigation carried out by FLACSO Guatemala, on suicide in pregnant adolescents, many of them victims of sexual violence.

The presentation of the study included the participation of adolescent girls, young women's organizations, midwives, civil society organizations, and the coordinators of the municipal offices for the protection of children, adolescents, and youth in the South of Petén.

Girls from the programs implemented by AMA also participated, their leadership attitudes were strengthened and they were empowered about the importance of preventing early pregnancy and knowing its consequences, likewise, they assumed the role of leaders by sharing the information received in their schools and their communities. Made with the support of the Global Fund for Children.



The Strategic Plan for the Safe Return to School was disseminated at the departmental level.

Among the actions carried out by AMA in response to the emergency caused by the Covid-19 pandemic was the preparation of a strategic plan in conjunction with the Petén Departmental Education Directorate, the South East Petén Health Area, the Ministry of the Environment and the Foundation Tinker.

Upon approval, it was shared with the members of the "Prevent with Education" Technical Committee at the departmental level, seeking to ensure that students returned to class safely and applying all the necessary protocols to protect both the health of students and staff. teacher who works within the different educational centers.

Through this action, a partial return to classes was achieved in person (hybrid modality) in the educational centers of the South of Petén, which contributed to the girls, adolescents and young women not stagnating with their studies, thus preventing pregnancies. early childhood and gender violence.





## Humanitarian assistance

To be delivered 60 hygiene kit bags and 60 food bags to girls and adolescents participating in the AMA programs.

With the hygiene kit, access to health and menstrual hygiene was strengthened since it is equipped with the following supplies: sanitary napkins, toilet paper, body soap, chlorine, liquid soap and alcohol gel.

In addition, the food and nutritional security of the beneficiaries was strengthened, taking into account the economic crisis faced by parents derived from the emergencies caused by the Covid-19 pandemic and the ETA and IOTA storms. With the support of the Global Fund for Children



## Internal strengthening



To be carried out the translation into English of the AMA website.

The translation into English of the AMA website increased the visibility of the AMA Association towards girls, adolescents, young women and international cooperation. This makes it possible to improve strategic communication and for international donors to have information in English about the work being done at AMA. With the support of the Global Fund for Children.

AMA Association in alliance with the School of Graphic Design of the University of San Carlos of Guatemala (USAC) represented by the student Cindy Letona in her Supervised Professional Exercise - EPS- they worked on projects with products that adapt to social networks and that enhance the playful work, seeking a greater scope and impact in the work carried out with and for the girls and adolescents of Petén, Guatemala. Being the projects, the following:

- Project A: Series of 6 comic books with topics such as physical changes during adolescence, menstruation, sexual violence and the importance of mental health.
- Project B: Support flipcharts to deepen the topics covered in the comic books of project A.
- Project C1: A support campaign called "Juntas a la cima" where information about AMA's work is expanded, inviting donations.
- Project C2: Infographics that allow to know the multiple benefits offered by continuing the implementation of sport as a tool to develop life skills.



Wildebeestour cooperators of the year





**ASOCIACIÓN AMA**