

Work Memory

2023



ASOCIACIÓN AMA





Our Mission Statement

To strengthen the leadership of girls, adolescents and young women in Petén, Guatemala, through education and advocacy to prevent early pregnancies and gender violence.

Our Vision

Girls, adolescents and young women in Petén, Guatemala know, demand and promote their rights and those of others, thanks to their leadership, self-esteem and security.

OUR PROGRAMS

EMPOWERMENT & LEADERSHIP



During the first semester of 2023, the first phase of the "Play for your education" program was completed, developing the 10 interactive training sessions pending of the 24 programmed, which were aimed at 60 indigenous and mestizo girls and adolescents in the following schools: El Porvenir neighborhood elementary school and Las Tres Cruces neighborhood school, Poptún, Petén.



The second phase of the "Play for your education" program began in June. Sixteen of the 24 scheduled sessions were held with the participation of 66 indigenous and mestizo girls and adolescents from the following schools: Primary school of La Compuerta and Santo Domingo, Poptún Petén.

Play for your education motivates girls to stay in school by strengthening their life skills through games and sports, which helps them to stay in school and has empowered them to prevent early pregnancies, gender and sexual violence.

The results show that 98% of the participants continue with their studies and successfully complete the program. This is according to the initial and final statistics of the educational cycles, as well as AMA's internal systematization process.

The statistics also reflect that, at the beginning of the program, the girls showed a 65.45% knowledge of life skills and girls' rights through the pre-test; after completing the program, the results of the post-test reflect a 91%.



With respect to the physical evaluation, they gave an average in the Pre Test of 5.71 and in the Post Test of 7.06, so it is determined that the girls also have a growth in the development of sports skills throughout the process. The program was carried out in alliance with the Ministry of Education and the Global Fund for Children.



The fourth edition of the women's soccer championship "Score a goal against violence" was held with the participation of 12 teams made up of 120 adolescent girls and young indigenous and mestizo women from southern Petén.

In AMA we continue to innovate and strengthen our training processes, so starting this year we incorporated the implementation of 6 interactive training circles with the participants themselves, to empower them about their rights, ways to prevent violence, sorority and teamwork.



This new space allowed to empower adolescent girls and young women on the importance of remaining united among women to achieve gender equality and better cope with the situations of violence they often experience.

In addition, to put aside the rivalry they experience on the court, that sport is a game that allows to improve physical conditions, mental health, but it is also a space to manifest gender equality, raise their voices for the rights of girls and women and advocate for the prevention of violence in the community.

The 2023 championship was held in partnership with Women Win.

The AMA Association has been organizing the women's soccer championship since 2018, with the aim of promoting, through games and sports, sisterhood, leadership, teamwork and the prevention of violence against girls and women in southern Petén, Guatemala.





Another season of "El ABC de la Sexualidad" was broadcasted, consisting of 30 bilingual Spanish-Q'eqchi' radio programs. The program was broadcast on community radio Shekina, 102.9 FM and also through Facebook Live on AMA's FanPage.

This year, as a follow-up to the previous season, the following blocks were developed:

- Block 1: Staying in School.
- Block 2: Life Skills
- Block 3: Block against violence
- Block 4: Prevention of early pregnancies and forced marriages
- Block 5: Internet safety
- Block 6: Sports



The approach to these topics sensitized more than 3,600 adolescent girls and indigenous and mestizo women who tuned in to the radio and social networks, which helps to strengthen their

life skills and better cope with the challenges of daily life. These programs included the participation of adolescent girls and young women, local leaders and representatives of institutions such as the Defensoría de la Mujer Indígena –DEMI- and the Petén Sur Oriente Health Area.

An estimated 20% (3,600) of the radio audience tunes in to our program. The radio has a coverage of more than 175,000 inhabitants and an audience of 18,000 people. The program was produced in partnership with Radio Shekina and Women Win.



Nine interactive training circles were developed with 291 adolescent girls and young indigenous and mestizo women students in five basic education institutes in Poptún, San Luis and Dolores, Petén.

Considering that in 2022 the Observatory of Sexual and Reproductive Health Guatemala - OSAR- reported that a total of 1,022 adolescent girls between 10 and 19 years of age became mothers in the Southeast area of the department of Petén.

The circles addressed topics such as self-esteem, life projects, women's empowerment, values, responsible sexuality, mental health and violence prevention.

In this way, it contributed to empowering them about their right to decide about their bodies, with the aim of promoting the scope of their life plans, the prevention of early pregnancies, gender and sexual violence.



This was carried out within the framework of the second phase of the project: "Strengthening lasting gains for access to comprehensive and differentiated health care for adolescent girls and women". In alliance with the Petén Sur Oriente Health Area and the Global Fund for Women.



Six interactive training camps were held to strengthen the capacities of 120 indigenous and mestizo grandmothers and midwives from six health districts in the southwestern area of Petén.

They strengthened their capacities on topics related to: Prevention of early pregnancies in adolescent girls, strengthening of knowledge on

clean and safe childbirth care at home, identification of danger signs and symptoms during pregnancy, childbirth, puerperium and in newborns to activate the family emergency plan and prevent maternal and neonatal death, identification and awareness of users for cervical cancer screening, importance of family planning and prevention of mother-to-child transmission of HIV.

Participated in 2 inter-institutional fairs on pregnancy prevention and responsible sexuality in adolescents with 1,200 adolescent girls from the Tierra Blanca Health District, Sayaxché and Southern Petén.



Sayaxché is a municipality that has presented the highest rates of early pregnancies. OSAR counted a total of 1,656 pregnant adolescent girls between 10-19 years of age, that is, 28.36% of the early pregnancies reported in the department of Petén in 2022.

This is why the adolescent girls who participated in these fairs received guidance on pregnancy prevention and responsible sexuality, thus contributing to their access to their sexual and reproductive rights in the Southwest Area of Petén.

These actions to strengthen the capacities of 120 grandmothers, midwives and midwives, and 1,200 indigenous and mestizo adolescent girls from the 6 Health Districts of the jurisdiction of the Departmental Directorate of Integrated Health Services Networks –DRISS- Petén, South West Area, have strengthened access to local health services for 3,600 adolescent girls and women, which has contributed to the reduction of more than 63% of maternal deaths in that area. According to the DRISS sexual and reproductive health –SR- situation room, in 2022 there were 11 maternal deaths and in 2023 there were 4 maternal deaths.

This was done in alliance with health personnel from the Southwestern Health Area of Petén and the International Community Foundation –ICF-.



Six interactive training camps were held with 120 indigenous and mestizo grandmothers and midwives from the six health districts of the southeastern Petén.

The risks of maternal death increase with the addition of elements such as territory, poverty and ethnicity of the woman. For this reason, the knowledge of grandmothers, midwives and midwives in the rural areas of Southeastern Petén was strengthened. The program focused on family planning, identification of danger signs during pregnancy, childbirth care, newborn care and timely referrals.



The camps were held as part of Reproductive Health Month, using as a strategy the exchange of experiences with personnel from the Petén Sur Oriente Health Area. These actions have strengthened the access of 2,400 girls and women to local sexual and reproductive health services.

During these camps, institutions such as the Office for the Defense of Indigenous Women – DEMI- and the Human Rights Ombudsman's Office –PDH- also participated.

This was done in partnership with Global Fund for Women and the Reproductive Health program of the Departmental Directorate of Integrated Health Services Networks of Petén, Southeast Area.



DIALOGUE AND ADVOCACY



The articulation, capacities and linkages between decision makers of the Ministry of Health (3 Health Area Directorates of Petén), Ministry of Education, Petén Representative in the Congress of the Republic, Ministry of Social Development, Secretariat against violence, exploitation and trafficking in persons –SVET-, National Youth Council –CONJUVE-, Tan Uxil Association, Actions for a Healthy Life Association and AMA Association were strengthened.

This allowed government institutions and civil society to unite to improve access to sexual and reproductive health services, to strengthen the prevention of teenage pregnancies in Petén and especially in the jurisdiction of the Departmental Directorate of Integrated Health Services Networks of Petén, South West Area, which is the geographical area (municipalities of Sayaxché, La Libertad and Las Cruces) that has historically had the highest rate of maternal deaths and pregnancies in teenage girls in Petén. There will be 11 maternal deaths in 2022 and 2

from January to April 2023. In addition, the municipality of Sayaxché is the municipality with the highest rate of adolescent pregnancies in Guatemala in 2022, with 64 pregnancies in adolescent girls between 10 and 14 years of age.

These actions resulted in improved coverage of sexual and reproductive health services and directly benefited 5,429 adolescent girls and women in the area. This according to the report of activities carried out by the different components of the national reproductive health program of the Departmental Directorate of Integrated Health Services Networks of Petén, South West Area, from January to April 2023.

The strengthening of articulation, capacities and linkages between decision makers strengthened access to sexual and reproductive health services for more than 64,500 indigenous and mestizo adolescent girls and young women, through the strengthening of friendly spaces, youth fairs, responsible parenthood network, workshops for adolescents on prevention of early pregnancies, workshops for health personnel in sexual and reproductive health services, and the development of diploma courses on comprehensive education on sexuality and prevention of violence for more than 1200 teachers from 226 primary and elementary schools, according to the strategic plan of this roundtable, which has contributed to the response to the prevention of teenage pregnancies in the department of Petén.

This was done in partnership with the International Community Foundation –ICF- under the project "Linking and strengthening strategic actors to increase access to sexual and reproductive health services –SRH-".

Asociación AMA continues to be a member of the Advisory Council of the Instituto de la Víctima, which contributed to the review, development and presentation of the Dignified Reparation Policy for Victims of Crime 2023-2033, which represents a significant achievement in the work of advocacy and response to the care of girl victims of crime in Guatemala.

The importance of this policy lies in the fact that in Guatemala there are already provisions that consider the crime victim and their access to justice, however, there was no mechanism to ensure its implementation, so the Dignified Reparation Policy for the Victim is a strategy that will contribute to the fulfillment of these provisions.

AMA's participation in the Consultative Council also made it possible to influence the importance of having representation of the Victims' Institute in the department of Petén, which was the only department that did not have a Victims' Institute.

In this sense, AMA advocated for the presence of the Institute in our department, which contributed to the opening of a sub-office of the Institute in Petén, allowing girls and adolescent victims of crime to have access to specialized care for a comprehensive recovery, beyond a sentence.

This advocacy work was carried out in alliance with the Summit Foundation.



We participated in 4 meetings of the National Roundtable for Comprehensive Sexuality Education –MENEIS–.

The National Roundtable for Comprehensive Sexuality Education -MENEIS- is an effort convened by the High School Teacher Training School, EFPEM at the University of San Carlos de Guatemala -USAC-, with the participation of civil society organizations, academic institutions, institutions with the technical support of UNFPA in conjunction with UNESCO and UNAIDS.

MENEIS aims to achieve significant progress in the fulfillment of sectoral, intersectoral and institutional goals and other necessary actions to ensure compliance with the right to comprehensive sexuality education –CSE- from a human rights, gender equity and intercultural approach, at the national level.

Since 2022, the AMA Association has been part of this roundtable, and during 2023 participated in 4 meetings with the purpose of joining efforts and advocating at the national level to reduce the rates of early pregnancies. From January to October 2023, 52,878 pregnancies were reported in minors between 10 and 19 years of age at the national level, of which 2,562 were registered in the Department of Petén. The incorporation of MENEIS seeks to have a greater impact and reduce this problem.

HUMANITARIAN ASSISTANCE



66 bags of food and hygiene kits were delivered to girls and adolescents participating in the "Play for your education" program in the communities of La Compuerta, Poptún, Petén and Santo Domingo, Poptún, Petén.

This activity strengthened food security and access to health and menstrual hygiene for the beneficiary girls, and also helped each adolescent girl to improve her performance in school and increase her permanence in school.



INTERNAL STRENGTHENING

A course on "Video Editing" was given to the 5 technicians and announcers of AMA's radio program.

Through this activity, the AMA team's video editing skills were strengthened, which improved the production of educational and promotional audiovisual material with cultural relevance used for the implementation of methodologies for working with girls and communicating AMA's work and impact.



This initiative allowed the AMA Association to share its activities more effectively on social networks, thus enriching its content with high quality and creative videos, as well as providing storytelling capabilities and showcasing its efforts in a more visual and attractive way.

With this new tool, the mission of empowering girls and communities in Petén continues.

Activity carried out with the financial support of the Global Fund for Children through its organizational strengthening program.



A course on "Project planning and formulation" was given to AMA's executive directors and technical staff, strengthening their planning and project formulation skills and enabling AMA to apply for more sources of funding.

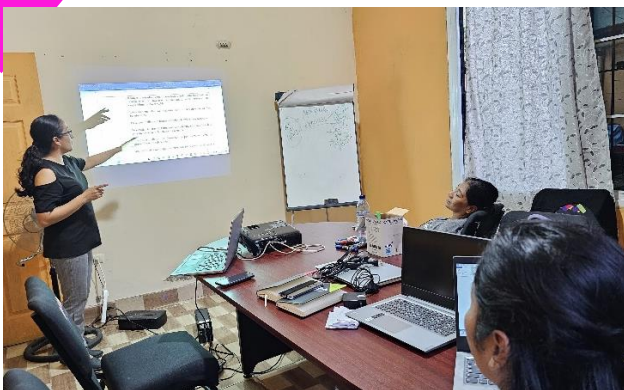
For this course, 4 modules were received:

Module 1: Start and introduction to the course.
Planning for development and international cooperation

Module 2: Planning and the project management cycle.

Module 3: Identification of needs

Module 4: Methodology for Planning



Through this course, AMA provided its work team with skills to increase the possibility of presenting alternative solutions to the various problems affecting adolescent girls and young women, AMA's target population, considering the methodological mechanisms for planning and designing projects.

This organizational strengthening activity benefits more than 43,000 adolescent girls and young women in Southern Petén, since AMA directly serves the municipalities of San Luis, Poptún, Dolores, El Chal and Santa Ana.

Through AMA's advocacy, it also has coverage in the other sub-regions of Petén, which increases its outreach to more than 125,000 adolescent girls and young indigenous and mestizo women.



OUR COOPERANTS OF THE YEAR



The
Summit
Foundation





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